

### Northern Excellence in Active and Healthy

### **Ageing Symposium**

# Delivering excellence in Active and Healthy Ageing alongside some of the most innovative practice in Europe

Tuesday 6th June 2017, Horizon Conference Centre, Brewery Wharf, Leeds, LS10 1JR

#### North West Coast | Greater Manchester | Yorkshire & Humber | North East

This exciting symposium being supported by the Northern Health Science Alliance (NHSA), sees Greater Manchester AHSN, The Innovation Agency (North West Coast AHSN), North East Coalition for Active and Healthy Ageing and Yorkshire & Humber AHSN, working together in collaboration to:

- \* Showcase award winning, best examples, in older population health from across the North of England, demonstrating why they were all awarded 'Reference Site' status for their "innovative and comprehensive approach to healthy ageing with concrete evidence of the impact of their work on patients' health" by the European Commission in June 2016
- Launch the start of an exciting trans-regional programme of collaboration in active and healthy ageing
- \* Have national and international experts presenting on the subject of active and healthy ageing

Through the European Innovation Partnership on Active and Healthy Ageing (EIP-AHA); Greater Manchester AHSN, the Innovation Agency, Yorkshire & Humber AHSN and The North-East Coalition can place their work in delivering excellence in Active and Healthy Ageing on the centre stage, alongside some of the most innovative practice in Europe. Through receiving EIP-AHA Reference Site status, each organisation's innovative approaches and outcome focused work across the North of England is recognised as leading to increasingly structured and cross-cutting collaboration in the planning, assessment and delivery of care for older people.

Key Contact: Nicki Wilson, Operations and Strategic Projects Manager Nicola.Wilson@thenhsa.co.uk

### AGENDA

Please note the Symposium will

commence at 09:30 prompt

#### 08:45 - 09:30 Registration and Refreshments

09:30–09:45	Welcome Address An outline of the evolution of the EIP-AHA vision across the North, by way of a staged approach, telling a 'similar but different story' of expertise across the four sub-regions, towards the ultimate objective to increase collaborative activity in the AHA across the region by drawing on and aligning combined expertise through targeted and tangible opportunities	<b>Richard Stubbs</b> Interim Managing Director, Yorkshire & Humber AHSN
09:45–10:15	<b>Keynote 1:</b> Campania's Experience in the European Innovation Partnership on Active and Health Ageing (EIP-AHA): Challenges and Enablers	<b>Professor Maddalena Illario</b> Health Innovation Division Coordinator, Campania Region Campania Reference Site Coordinator, Italy
10:15–10:45	<b>Keynote 2:</b> Aligning Northern Collaboration in AHA with NHS England Priorities in e-Frailty and Frailty Indexing	<b>Professor Martin Vernon</b> National Clinical Director for Older People and Integrated Care, NHS England
10:45–11:00	Northern AHA Exemplar Practice, Yorkshire & Humber presents "Electronic Frailty Index (eFI): supporting routine frailty identification in primary care"	<b>Dr Sarah De Biase</b> Healthy Ageing Collaborative Manager, Yorkshire & Humber AHSN Improvement Academy
11:00–11:15	Coffee Break	
11:15–11:30	Northern AHA Exemplar Practice, North East presents "Improving Bone Health, Falls and Fracture Prevention: a population based approach used across the North East and North Cumbria"	<b>Professor Oliver James</b> Medical Director, AHSN North East and North Cumbria
11:30–11:50	Raising the Bar: How a 'Good' Reference Site in AHA becomes 'Better'	Nick Batey (Wales), Elaine Colgan (Northern Ireland) and Donna Henderson (Scotland) EIP-AHA Reference Site Leads
11:50–12:10	Creating Opportunities for Domestic, European, and Global Partnership Working	John Farrell Lanua International Healthcare Consultancy, Strategic Adviser to the EIP-AHA Reference Site Collaborative Network
12:10–12:30	Morning Speakers Panel Q&A	Chaired by <b>Dr Hakim Yadi</b> CEO, NHSA

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#### 12:30–13:00 Lunch and Group Photo

13:00-13:15 13:00-13:15Northern AHA Exemplar Practice, North West Coast presents "STEADY On! Falls prevention in community and residential settings"Sumaiya Sufi & Yvonne Skellern- Foster Lancashire County Council and East Lancashire Hospital's NHS Trust13:15-13:00Northern AHA Exemplar Practice, Greater Manchester presents "Greater Manchester, Age Friendly City, working with the EIP-AHA to promote Active Ageing"Paul McGarry & Professor Chris Todd Greater Manchester Ageing Hub and University of Manchester Pour Manchester Exemplar Practice Q&A13:30-13:40North West Coast and Greater Manchester Exemplar Practice Q&ANicki Wilson Operations and Strategic Projects Manager, NHSA13:40-15:20Action Planning for a Trans-regional Programme of Collaboration in AHANicki Wilson Operations and Strategic Projects Manager, NHSA13:40-15:20Action Planning for a Trans-regional Programme of Collaboration in AHANicki Wilson Operations and Strategic Projects Manager, NHSA13:40-15:20Action Planning for a Trans-regional Programme of Collaboration in AHANicki Wilson Operations and Strategic Projects Manager, NHSA13:40-15:20Action Planning for a Trans-Regional discussed and the findings gathered to be built upon in the next session Topics: 1. Falls Prevention 2. Frailty 3. Musculoskeletal 4. Cross-Sectoral, Trans-Regional CollaborationSacilitated by Dr Hakim Yadi CEO, NHSA15:20-16:00Take-away Messages from the Four Northern Reference SitesRichard Stubbs Graham Armitage Paul McGarry Andy Shakeshaft			
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GREATER MANCHESTER ACADEMIC HEALTH SCIENCE NETWORK